

Name _____ DOB _____

Pain Questionnaire

Did you have an injury in a car accident? Yes No Accident Date _____

T-bone Rear-end Side collision _____

Where you the: Driver Passenger Did you have seat belt on: Yes No

Did you have a work injury? Yes No Injury date _____ Occupation at the time: _____

Is your pain in the

Neck Left Right Both

Mid back Left Right Both

Low back Left Right Both

Hip Left Right Both

Does your pain radiate to

Head

Upper shoulder Left Right Both

Arm and hand Left Right Both

Between shoulders Left Right Both

Buttock Left Right Both

Groin Left Right Both

Front of thighs Left Right Both

Outer thighs Left Right Both

Inner thighs Left Right Both

Back of thighs Left Right Both

Lower legs and feet Left Right Both

Is your pain

Sharp Dull Aching Throbbing Burning Shooting Stabbing Electric shock-like

Do you have

Numbness Tingling

Rate your average pain level (1 is the least amount of pain and 10 is the highest amount of pain)

1 2 3 4 5 6 7 8 9 10

What makes your pain better?

Sitting Laying down Physical therapy Chiropractor Massage Medications Other: _____

What makes your pain worse?

Standing Walking Reaching Bending Lifting Other: _____

What type of treatment have you tried so far?

Muscle relaxants Anti-inflammatory medication Pain medication PT Massage Chiropractor

TENS unit Trigger point injections Other injections _____ Other _____

Did you have Xray, CT or MRI of your spine / joint? Date _____

You must bring CD of your MRI or CT to you appointment in order to

schedule an injection. *Report of your imaging sent to us from your referring physician is not enough.*

We must be able to view your images to plan an appropriate injection for you.